Dermatology Connection



The Newsletter of the University of Mississippi Medical Center Department of Dermatology

Spring 2020

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From the Chair

Dermatology at UMMC has come a long way in seven years from the inception of our department. We have provided compassionate care to approximately 180,000 patients, including 51,000 children; performed 5,350 Mohs surgeries; 14,500 narrow band UVB treatments; and 730 patch tests. The department has grown to 10 faculty, five nurse practitioners, 11 residents, two fellows, and 75 support staff. We have done a very good job, but



the COVID-19 pandemic quickly tested our resolve and taught us that we have much more to do.

In a few short weeks, we have geared up to take care of as many patients as possible with teledermatology after the elimination of most "in person" visits at UMMC. Telehealth has promise, but we seem to be finding many of its pitfalls! We have continued to see patients with urgent and emergent issues "in person." I am so very proud of our hard-working, committed, caring, and BRAVE staff. They put the needs of dermatology patients ahead of their own. A salute to them, and providers around the state and the nation who are doing the same! We are #DermStrong, #UMMCStrong, and #HealthcareGiverStrong.

Bob Brodell, MD

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The UMMC Department of Dermatology is making good progress toward a goal of developing a world-class department. Our mission is clear:

1. to enhance the patient-centered care provided by dermatologists in Mississippi

2. to focus on subspecialty care needs of patients and to support our dermatology colleagues throughout the state

3. to provide high quality educational programming for medical students and residents

4. to provide timely and focused continuing medical education (CME) for dermatologists and other health care providers in the State of Mississippi and throughout the region

5. to develop basic science, translational and clinical research programs that extend the knowledge base of dermatology



Changes at UMMC

Amazing changes have occurred in just two weeks at UMMC. There are now nurses and security guards at the "limited entry points" to the hospital and outpatient clinics. There also are very strict limitations on visitors: anyone entering has their temperatures checked and they are provided a mask and hand sanitizer before they can proceed. Consults are screened utilizing teledermatology before patients with urgent or emergent conditions are referred for "in person" visits that are scheduled on two half days each week. Faculty members with their resident and nurse teams are "seeing" follow-up patients by telemedicine. This is supported by a team of receptionists, schedulers and nurses. Taylor, Jennifer, Mary Ann, Joan, Dr. Brodell, and Dr. Jackson are at their limits to try to make this all work and must make adjustments on an almost daily basis. Nurses from our clinics have journeyed to the fairgrounds to help with the expanded testing that has been initiated. Drive-thru draw stations also have been created at several locations on campus to allow patients needing lab work to have their blood drawn without having to enter a clinic.

Our symposium for dermatology providers has be changed to a virtual forum and is now set for the morning of April 18. It is a credit to all that so many people have come together in the department to try to keep things running and provide care through these trying times.

Residency and Fellowship Program Update

The UMMC Dermatology Residency Program filled five residency slots this past March. Of those five new residents, one will start as a PGY-2 this July and four will begin their PGY-1 year before joining us in July 2021. Our third Micrographic Surgery and Dermatologic Oncology fellow also will start this July. Our fourth class of graduates finished in June 2019 and passed their boards in July, maintaining the program's 100 percent board pass rate. Our residents have been very active in research and produced dozens of peer reviewed publications and book chapters. They also enthusiastically teach medical students, their faculty, and other departments, and lead the department's quality assessment/quality assurance program. They have risen to the challenges facing them during this difficult time and have continued didactic sessions and seeing patients in innovative ways, as illustrated in several of the following articles.

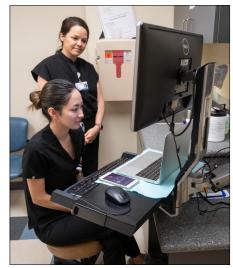


Photo by Joseph Ellis

Resident Dr. Caroline Doo, seated, along with assistant professor Dr. Chelsea Mockbee treat patients through teledermatology in Suite K.

Education in the Time of COVID-19 By Caroline Doo, MD, PGY-4

COVID-19 may have been an unforeseeable obstacle this spring, but our team was able to come together and implement changes to keep our patients, providers, and students as safe as possible.

As part of Mississippi's only academic medical center, the Department of Dermatology recognized the importance of preserving its education activities. Resident didactics and Grand Rounds transitioned to live interactive video calls, allowing social distancing while continuing dermatology education. The residents also have been provided new opportunities to learn from dermatologists across the nation by taking part in other external virtual courses.

UMMC residents and providers have not been our only focus for education, however. We remain committed to the education of providers

in the community and have transitioned our annual dermatology symposium to a teleconference format. In addition, we are in the process of creating an online medical student education curriculum to continue fostering interest in dermatology at UMMC.

While the transition to virtual education comes with some technological difficulties, it also has led to positive outcomes. Project ECHO has allowed us to reach and connect with providers throughout the state whom we may not have been able to collaborate with otherwise. Together, we continue to learn and overcome new challenges.

Patient Care at UMMC Dermatology

By Jordie Ivey, MD, PGY-2

Patient care has been and will continue to be our number one priority in the Department of Dermatology. We are certainly in uncharted waters, but with a little innovation and the help of technology, we have transitioned to seeing patients virtually rather than face-to-face.

Operating under HIPAA's "good faith provision of telehealth," we are able to choose from multiple platforms to communicate with our patients via video. The applications currently being used by our department are UMMC2you, Apple FaceTime, Doxy.me, and Zoom. For the first week we have been focusing on streamlining the process with established patient follow ups, but we plan to add new patient appointments in the near future.

There definitely are challenges that come with using telehealth, and we are learning and adapting each day. The biggest hurdle thus far is that not all of our patients are appropriate telehealth candidates due to either the nature of their problem or lack of access to a device with video capabilities.

Overall, the positive aspects have greatly outweighed the challenges. Patients have been very appreciative of the ability to receive access to care without coming to the clinic and risking exposure to the COVID-19 virus. This platform has also proven to be very efficient for routine follow ups for certain conditions like mild acne, psoriasis, and eczema, and may be something that we consider continuing to use in some capacity moving forward.

None of this would be possible by one, two, or even three people. It has required the combined effort of the faculty, nurses, schedulers, residents, receptionists, and administration working as a team to get telederm off the ground and into action. The times ahead are still uncertain, but fortunately telehealth will allow us to do our part to care for patients while keeping them healthy.



Photo by Joseph Ellis Dr. Robert Brodell, left, works with resident Dr. Caitlyn Reed, center, and nurse Tracy Breeden to see patients using UMMC 2 You.

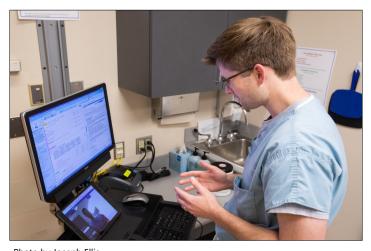


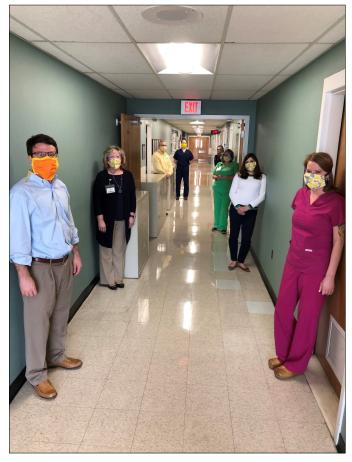
Photo by Joseph Ellis Resident Dr. Mark Braswell readies the equipment before a patient's appointment through UMMC 2 You.

	3/19-3/25	3/26-4/1	4/2-4/8
Total Visits	188	255	362
Telehealth Visits	73	212	326
% Telehealth	39%	83%	90%
% of Historical Weekly Volumes	21%	28%	40%

This chart shows the increase in the number of teledermatology visits over the past several weeks, when the department first started seeing the majority of its patients in this way.

Protecting Our Staff in the Department of Dermatology

UMMC has been preparing for the worst while hoping for the best with regard to the COVID-19 pandemic. The supply of personal protective equipment (PPE) is one area where all hospitals are worried about their peak needs during this pandemic. In an effort to preserve the supply of "regular" masks, the Department of Dermatology supplied premium muslin cotton linen to Rick Luke owner of Faye' s Clothing Store from Philadelphia, MS. They produced 150 cotton masks for our staff within 24 hours. Five hundred more free cotton masks were ordered from a Swimming Pool Cover company, GLI in Youngstown, Ohio. This company ceased its regular operations and has begun producing 100,000 masks for University Hospitals of Cleveland and 500 for us. The Rev. Beth Palmer, of Vicksburg, and Jan Cooper, DPN, a former professor of nursing at UMMC, also made masks for the department.



Members of the department practice social distancing while modeling masks made for them by the Rev. Beth Palmer and Jan Cooper, DPN.

It is believed that these cotton masks may offer only a

modicum of protection from COVID-19 for the individual wearing them, but may well produce significant benefits in decreasing the spread from an asymptomatic infected individual to other staff members. Our department has also divided into teams with a provider their nurses and a resident. This is an attempt to maintain social distance and minimizing spread to a larger group in the event that one of us develops COVID-19. Finally, individuals over age 70, those with health problems or immune compromise are working with their teledermatology teams from home.

Department of Dermatology's First CME "Getaway"

In February 2020, just prior to the arrival of COVID-19, faculty members, residents, and a nurse practitioner of the Department of Dermatology presented Dermatologic Tips, Tricks, and Pearls to 33 primary care providers (14 hours of Continuing Medical Education) aboard the NCL Getaway. The Caribbean Sea was calm, the food was great, and everyone enjoyed touring ancient ruins, snorkeling, and deep sea fishing. It is hoped that this type of retreat can be repeated in future years.

Masks, Volunteering, and Teledermatology:

Just some of the ways the department is responding to COVID-19



Publications and Presentations

Publications

Luong, J., Davis, R. E., Chandra, A., White, A. E., Harber, I. D., Engel, A. A., Shields, N. P., York, T. J., & Nahar, V. K. (In Press). A Cross-Sectional Survey of Prevalence and Correlates of Sunscreen Use among a Rural Tri-State Appalachian Population. Archives of Dermatological Research. Available at https://link.springer.com/ article/10.1007/s00403-020-02072-3

Claros, E., Nahar, V. K., Mafi, M., Eliadi, C., Abu-Moustafa, S., & Sharma, M. (In Press). Application of Multi-Theory Model in Identifying Correlates of Change in Substance use Behavior. Journal of Substance Use. Available at https://www.tandfonline.com/doi/ abs/10.1080/14659891.2020.1745309

Roberts, J. E., Smith, A. M., Wilkerson, A. H., Chandra, A., Patel, V., Quadri, S. S. A., Mann, J. R., Brodell, R. T., & Nahar, V. K. (In Press). Psychodermatology Knowledge, Attitudes, and Practice Among Health Care Professionals. Archives of Dermatological Research. Available at https://link.springer.com/article/10.1007%2Fs00403-020-02050-9

Nahar, V. K., Wilkerson, A. H., Pearlman, R. L., Ferris, T. S., Zardoost, P., Payson, S., Aman, I., Quadri, S. S. A., & Brodell, R. T. (In Press). Skin Cancer related Knowledge, Attitudes, Beliefs, and Practices among the Population in Gulf Cooperation Council Countries: A Systematic Search and Literature Review. Archives of Dermatological Research. Available at https://link.springer.com/article/10.1007%2Fs00403-020-02041-w

Auchus, A., Brodell, R. T., Nahar, V. K., & Ward, K. (In Press). Avoiding the Hazards of Ultraviolet Light in the Adolescent Population. SKIN The Journal of Cutaneous Medicine. Accepted 2/6/2020

Nahar, V. K., Wilkerson, A. H., Mayer, J. E., Gromley, Z., Berry, D., Nahar, L., & Brodell, R. T. (In Press). Attitudes and Practice among Dermatologists regarding Indoor Tanning. Archives of Dermatological Research. Available at https://link.springer.com/article/10.1007% 2Fs00403-019-02026-4

Anyimukwu, C., Nahar, V. K., Kapur, S., & Sharma, M. (In Press). A Scoping Review of Conventional and Laser Acupuncture as a Modality of Treatment for Migraine. Journal of Health and Social Sciences. Available at https://journalhss.com/wp-content/uploads/ ANYMUKWU_10.192042020scpn11.pdf Davis, R. E., Bass, M. A., Ford, M. A. & Nahar, V. K. (2020). Screening for Depression among College Students Who Engage in Recreational Prescription Opioid Misuse. Health Promotion Perspectives, 10(1), 59-65.

Nahar, V. K. (2020). Effect of Sunscreen Application on Plasma Concentration of Sunscreen Active Ingredients. [Invited Commentary]. DermatologyPracticeUpdate, Available from https:// www.practiceupdate.com/author/vinayak-nahar/1437

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Spangler, D., Kish, D., Beigel, B., Morgan, J., Gruszynski, K., Naikare, H., Nahar, V. K., Coarsey, M. D., & Verma, A. (2020). Leptospiral Shedding and Seropositivity in Shelter Dogs in the Cumberland Gap Region of Southeastern Appalachia. PLoS ONE, 15(1): e0228038.

Nahar, V. K., Wells, J., Davis, R. E., Johnson, E. C., Johnson, J. W., & Sharma, M. (2020). Factors Associated with Initiation and Sustenance of Stress Management Behaviors in Veterinary Students: Testing of Multi-theory Model (MTM). International Journal of Environmental Research and Public Health, 17(2), 1-10.

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Badon, H. R., Pearlman, R. L., & Brodell, R. T. An unusual foot rash with joint pains. Journal of Family Practice. Accepted Nov. 24, 2019.

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Presentations

Nahar, V.K., Black, W.M., Ford, M.A., & Brodell, R.T. "Skin Cancer: Knowledge, Attitudes, and Prevention Behaviors among Outdoor Working Patients Diagnosed with Nonmelanoma Skin Cancer." American Academy of Dermatology, Annual meeting, Denver, CO, March 2020. Cancelled due to COVID-19. Abstract published in the Journal of the American Academy of Dermatology.

Zieman, D., Zardoost, P., Payson, S., Aman, I., Wilkerson, A. H., Quadri, S. S. A., Bagheri, F., Savoy, M., & Nahar, V. K. "A Systematic Search and Literature Review of Knowledge, Attitudes, Beliefs and Practices regarding Skin Cancer among Population in Gulf Countries." American Academy of Dermatology, Annual Meeting, Denver, CO, March, 2020. *Oral Presentation

Nahar, V. K., Luong, J., White, A. E., Chandra, A., Lakhan, R., Harber, I. D., Shields, N. P., & York, T. J. "The Prevalence and Correlates of Sunscreen Usage in the Rural Tri-State Appalachia." American Academy of Dermatology, Annual Meeting, Denver, CO, March, 2020. (To be Presented) *Oral Presentation

Griffin, D. B., Zieman, D., Wilkerson, A. H., Nahar, L, Harber, I. D., Doo, C., Savoy, M., & Nahar, V. K. "Skin Cancer related Awareness, Perceptions, and Practices of Non-Medical Professionals: A Systematic Narrative Review." American Academy of Dermatology, Annual Meeting, Denver, CO, March, 2020.

Nahar, V. K., Patel, V., Davis, R E., Gruszynski, K., & Elledge, T. "Does Perceived Social Support Influence Sun Protection Behaviors among Medical Students? Testing an Extension of Health Belief Model." American Academy of Dermatology, Annual Meeting, Denver, CO, March, 2020. *Oral Presentation

Price, B. E., Carter, S., Nahar, V. K., & Faulkner, V. "One-Health and Health Professional Curricula: A Survey of Student Perceptions.." American Public Health Association, Annual Meeting, Philadelphia, PA, November, 2019.

Nahar, V. K., Sharma, M., Wilkerson, A. H., Lakhan, R., Kanekar, A., & Ford, M. A., "Can Perfection Quotient (PQ) Explain Readiness to Alcohol Use Behavior Change among College Students?" American Public Health Association, Annual Meeting, Philadelphia, PA, November, 2019.

Wilkerson, A. H., Nahar, V. K., Sharma, M., Lakhan, R., Kanekar, A., & Ford, M. A., "Utilizing Perfection Quotient (PQ) to Explain Readiness to Quit Smoking among College Students at a Southeastern University." American Public Health Association, Annual Meeting, Philadelphia, PA, November, 2019. Lakhan, R., Sharma, M., Nahar, V. K., Kanekar, A., Wilkerson, A. H., & Ford, M. A. "Developing and Testing a Scale for Predicting Readiness for Health Behavior Change among College Students." American Public Health Association, Annual Meeting, Philadelphia, PA, November, 2019.

Nahar, V. K., Lakhan, R., Moore, L. N., Kadevari, P. M., Davis, R. E., & Sharma, M. "Exploring Rabies Prevention and Control Practices in India using Social Ecological Model." American Public Health Association, Annual Meeting, Philadelphia, PA, November, 2019.

Claros, E., Sharma, M., Mafi, M., & Nahar, V. K. "Development of an Assessment Tool for use with the Multi Theory Model of Health Behavior Change in People with Substance Use." American Public Health Association, Annual Meeting, Philadelphia, PA, November, 2019.

Nahar, V. K., Weinstein, L., Gruszynski, K., Davis, R. E., & Sharma, M. "Newspaper Coverage of Rabid Raccoon Discovered in Wise County, Virginia: A Content Analysis." American Public Health Association, Annual Meeting, Philadelphia, PA, November, 2019.

Helms, S. E. American Dermatologic Association, 139th Annual Meeting, Sarasota, Florida. "How Contact Dermatitis and Cognitive Errors Led to an Academic Career." August 18, 2019.

Helms, S. E. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Basic Skin Surgery: Tips and Tricks." February 22, 2020.

Helms, S. E. & Pearlman, R. L. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Interactive Session II—Differential Diagnosis and Treatment." February 22, 2020.

Helms, S. E. & McCowan, N. K. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Interactive Session III—Review, What Have We Learned." February 22, 2020.

Brodell, R. T. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Advanced Skin Surgery: Tips and Tricks and Questions and Answers." February 22, 2020.

Brodell, R. T. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Mission Medicine: Nigeria Anyone?" February 22, 2020.

Brodell, R. T. Dermatology for the PCP Norwegian Cruise Lines Getaway. "The Diagnosis and Treatment of Warts and Questions and Answers." February 22, 2020. Davis, R. E., Doyle, N. A., & Nahar, V. K. "An Investigation of the Associations Between Self-Stigmatizing Beliefs, Depression, and Suicidal Ideation among Collegiate Drug Users." Arkansas Public Health Association, Annual Meeting, Little Rock, AR, April, 2020. (To be Presented)

Jackson, J. D. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Great Cases from the Deep South." February 22, 2020.

McCowan, N. K. Dermatology for the PCP Norwegian Cruise Lines Getaway. "An Approach to Diagnosis of Skin Disease." February 17, 2020.

Pearlman, R. L. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Non-melanoma Skin Cancer: Tips and Tricks." February 17, 2020.

Jeremy, J. D. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Melanoma Skin Cancers: Tips and Tricks." February 17, 2020.

Harber, I. D. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Superficial Fungal Infection: When KOH Prep?" February 17, 2020. Helms, S. E. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Herpes Infections: Overview of Dx and Rx." February 17, 2020.

Harber, I. D. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Mites/Bites: When Scabies Prep?" February 17, 2020.

Brown, A. S. Dermatology for the PCP Norwegian Cruise Lines Getaway. "Interactive Session 1: Diagnosis/Contact Dermatitis." February 17, 2020.

Brodell, R. T. American Academy of Dermatology National Go to Meeting seminar - Mentor/Mentee Relationships: Academic Dermatology Leadership Program. March 31, 2020.

Brodell, R. T. The Fifth Annual Southern Dermatology Consortium Resident Research Day. The University of Tennessee College of Medicine, Memphis, TN. (The Immunocompromised District: A New Concept!). February 29, 2020.

Davis, R. E., Davis, K. M., Doyle, N. A., & Nahar, V. K. "Prescription Opioid Misuse and Suicidality among College Students." Arkansas Public Health Association, Annual Meeting, Little Rock, AR, April, 2020. (To be Presented).



Stephen Helms, MD, Editor Margaret Kovar, Assistant Editor

